



3rd Quarter Update

The safety and compliance department have a lot going on in the first half of 2019.

In January we issued our safety promotion gift, a battery powered lantern. All USCS employees received the lantern and a note from our CEO, congratulating all of us for having a record-breaking safe year in 2018.

In February USCS purchased an AED for all locations. Although we hope to never need it, this shows our commitment to protect our people and send them home safe.

In March we rolled out our new Safety Program – Zero Degree of Harm. Our Zero Degree principles were developed to communicate the goal of zero incidents causing harm to any USCS ColdCrew member. We believe our goal of zero is sustainable through continuous observation. Identifying and coaching about unsafe acts and rewarding safe acts—all helps to create good habits. The first module was Zero Degree of Operating Harm which focuses on the following Powered Industrial Truck Operating Principles:

- Passing
- Body Awareness
- Speed and Control
- Be Seen and Heard
- Look, See, Act

The program included handouts, posters, banners, stickers, observation forms and a video.

In August US Cold Storage participated in the OSHA safe and sound program. This involved participation by all levels with various activities each day of the week. Below is a brief description of each activity.

- Day 1, Safe + Sound Pre- Shift Topic
- Day 2, Management lead activity - Discussion of the Safety Mission Statement
- Day 3, Employee participation - Safety Shield Habit identification
- Day 4, Find and fix – Safety Committee Activity

Participation was outstanding and it was a great opportunity to share some great safety habits being used across our organization.

In October we will be rolling out our second module for the Zero Degree of Harm Program – Zero Degree of Ergonomic Harm. The five principles to this module are:

- Bend at Knees
- Power Zone
- Lifting Multiples



- Limit Reach
- Move Feet

Look for this exciting new module in the 4th quarter of 2019.

With your continued support US Cold will remain a safety leader. Thank you for your personal commitment to our safety culture and remember... SLAM! #bestinsafety

